



Toilet Training

There is no set time for starting training with your toddler. As each child is an individual, parents should judge when their child is developmentally and emotionally ready for the toilet training adventure.

At sometime around 2 years and 6 months, toddlers may show that they are ready to start training, using a potty, an ordinary toilet or a toilet seat.

Signs can be:

- Your child telling you when they have wet and/or soiled their nappy.
- Your child showing an interest in other children who are training.



Toddlers will vary in what they prefer to use during their training.

Once you and your toddler have decided to begin:

- It's ok to use a **pull up** to start training.....
- Try to make your child very **familiar** with the potty or toilet. Before starting your adventure, you could introduce a doll or teddy to the routine.
- **Read stories** about potty or toilet training.
- Use the potty with the child in a **quiet place**, not surrounded by others.
- Keep them **company**, perhaps **chat** with them while they are on the potty.
- **Be relaxed! Never force** children or get angry with them, this only makes the process harder.
- **Praise!** Always show your excitement no matter how big or small the present is that has been left in the toilet or potty.
- **Be realistic!** Children may still have **accidents** for a long time after being trained, this is completely normal. **Night time** training will happen a lot later and some children take a little longer to master "poo poo's on the potty"



Please do speak to us and let us know if/when you are beginning Toilet Training at home, we will work in partnership with you to support your child and ensure the approaches being used are consistent.